

MAC 36 (EN) - September 2021

PHASE 1 *Become a Coach*

Day 1 Meeting ethical guidelines & professional standards	20 September 2021
Day 2 Establishing the coaching agreement	21 September 2021
Day 3 Establishing trust & intimacy	11 October 2021
Day 4 Coaching Presence	12 October 2021
Day 5 Active Listening	8 November 2021
Day 6 Powerful questioning & Direct communication	9 November 2021
Day 7 Direct communication & Creating awareness	22 November 2021
Day 8 Designing actions, Planning & Goal setting	23 November 2021
Day 9 Managing progress & accountability	13 December 2021
Day 10 Assessment	14 December 2021

Duration of the training: 3 months (2 days 9.30 AM -5.30 PM every +/- 3 weeks)

Nova Terra reserves the right to change the dates upon necessity.