

## MAC 42 (EN) - PHASE 1 - Become a Coach

<b>Day 1 : Demonstrates Ethical Practice</b>	Monday 25 September 2023
<b>Day 2: Embodies a Coaching Mindset</b>	Tuesday 26 September 2023
<b>Day 3: Establishes and Maintains Agreements</b>	Monday 16 October 2023
<b>Day 4: Cultivates Trust and Safety</b>	Tuesday 17 October 2023
<b>Day 5 : Maintains Presence</b>	Monday 6 November 2023
<b>Day 6 : Listens Actively</b>	Tuesday 7 November 2023
<b>Day 7 : Evokes Awareness</b>	Monday 27 November 2023
<b>Day 8 : Facilitates Client Growth</b>	Tuesday 28 November 2023
<b>Day 9 : Observations of coaching skills</b>	Monday 18 December 2023
<b>Day 10 : Observations of coaching skills</b>	Tuesday 19 December 2023

Duration of the training: ~3 months (2 consecutive days from 9.30 AM -5.30 PM)  
Phase 2 will follow in January/February 2024

*Nova Terra reserves the right to change the dates upon necessity.*